

August 2003

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Cheesy Bagels
				Turkey Sandwich Pineapple Baby Carrots
				Goldfish
4	5	6	7	8
Cheesy Biscuits	Muffins	Bananas	Cornbread	Cheesy Bagels
Pizza Quesadilla Broccoli Pineapple	Tuna Melts Peas & Carrots Apples	Tacos Salad Corn Oranges	Chicken Nuggets Mixed Veggies Bananas	Cheese Sandwiches Green Beans Melon
Goldfish	Grahams	Apples	Oranges	Bananas
11	12	13	14	15
Gingerbread	English Muffins	Bran Muffin	Cinnamon Rolls	Waffles
Fish Fillet Rice Broccoli Peaches	Spaghetti Garlic Bread Carrot Coins Applesauce	Tomato Soup Cheese Biscuits Pears	Teriyaki Chicken Rice Mixed Veggies Pineapple	Mini Pizza Baby Carrot Apples
Cheese & Crackers	Pretzel Mix	Bananas	Pears	Buttered Tortillas
18	19	20	21	22
Oat Bran Muffin	Blueberry Muffin	Toast Toppers	Coffee Cake	Banana Bread
Buttered Pasta Cheese Sticks Broccoli Applesauce	Mini Corn Dogs Mixed Veggies Banana	Macaroni 'n' Cheese Peas & Carrots Peaches	Bean/Cheese Quesadilla Corn Apples	Hoagies Toms & Pickles Baby Carrots Oranges
Chex Mix	Pears	ABC Crackers	Oranges	Grahams
25	26	27	28	29
Cornbread Muffin	Toast w/Jelly	Cranberry Muffin	Bananas w/Granola	Bagels w/Cr. Cheese
Cheese Ravioli Mixed Veggies Pears	Chicken Casserole Peas & Carrots Dinner Rolls Oranges	Lasagna Garlic Bread Sticks Broccoli Apples	BBQ Chicken Rice Carrot Coins Bananas	Jelly Sandwich Cheese Sticks Peaches Green Beans
Goldfish	Bananas	Oranges	Apples	ABC Cookies

Serving Sizes: Meat/Fish/Poultry 1/2 to 1 ounce Fruit/Vegetable 1/2 Cup
 Noodles/Rice/etc. 1/4 Cup Milk/Juice/Water 3/4 cup
 ALL SNACKS ARE SERVED WITH MILK, JUICE OR WATER *SNACKS SERVED WITH MILK.